SERVING TACOMA AND THE MILITARY PERSONNEL OF FORT LEWIS AND McCHORD AIR FORCE BASE

10c THE NORTH WEST TACOMA ALZENE PUBLISHING CO FACTS 10c

"BRIDGING THE COMMUNICATION GAP"

Volume 4, Number 13 PUBLISHED WEEKLY IN TACOMA, WASH. 1325 South K St. MA 7-5597 March 28, 1974

# Tacoma Links, Inc. Sponsors Student to Mexico

Tacoma Links, Inc. Trends and Services for Youth Chairperson , Link Ruth Jeffries, bids bon voyage to Diane Young.

Diane Young, Lincoln High School Spanish student, and thirty of her schoolmates are studying the language and culture of Mexico this spring, thanks to Tacoma Links Inc., a national women's organization.

Diane left last Thursday with 30 Tacoma students for "Contact Mexico '74 Program, an effort by the district with the Iberemexican Cultural Exchange Program.

The students will spend 12 weeks living in private homes and attending Mexican schools. During her stay Ms. Young will visit Mexico City, Ciudad Juarez, Morelin, Lake Chapala, Guadalajara, Tepic and Mazatlan.

Tacoma Links conducted a fund-raising campaign to raise the money to finance Diane's participation in the program. Contributions were received from the following organizations: Cacadian Cosistory No. 75 A.A.S.R. of F.M. (P.H.A.), Cassia Lodge No. 5, F & A.M., Helen Stafford Study Club, Lee Grant Rogers Lodge No. 61, F. &. A.M. (P.H.A.) The Matrons club, Tacoma Alumnae Chapter of Delta Sigma Theta Sorority and Baldwin Tire and Brake Service.

Diane is the daughter of Mr. and Mrs. Edell Young, 314 E. 27 St.

*The difference between a conviction and a prejudice is that you can explain a conviction without getting angry.*

## Model Cities Honors Board Member

ELLA MAE CRAWFORD holds a plaque awarded to her by Model Cities Executive Board Chairman Junior N.R. Ellis. The board made the award for Mrs. Crawford's loyal service to the community.

The Model Cities Executive Board recognized Mrs. Ella Mae Crawford last week for her outstanding service to the Hilltop community.

Mrs. Crawford has served on the board from its inception in 1969 to October 1973, when she decided not to run for re-election. During that time, Mrs. Crawford served in several offices including temporary chairman and secretary.

Along with the executive board members present to honor Mrs. Crawford, a number of community leaders including Thomas Dixon, Tacoma Urban League director, Harold Moss, city councilman, and Jim Walton, Human Rights Commission director, were present to express their appreciation for her service to Tacoma.

Model Cities Executive Board Chairman Junior N.R. Ellis presented a plaque to Mrs. Crawford during the ceremony at the Top of the Ocean. He said, "It is fitting and proper we honor one of us. Mrs. Crawford is a legend in her own time and I dub thee Lady Crawford."

Mrs. Crawford thanked the board and the community for their consideration.

Mrs. Crawford works as an administrator in the testing division of L.H. Bates Vocational Technical Institute.

The Model Cities Executive Board advises the Model Cities staff and the City Council on policy and programs of Model Cities. The board has 25 positions with the majority filled by Model Neighborhood residents. Nine positions are appointed by the mayor while 16 are elected by the community.

## Relocation Part of Housing Program

MRS. THELDA BAYLIS accepts a check from Harriet Williams as Mrs. Baylis moves into her temporary home at the Golden West Motel. Model Cities is paying for her expenses while her home is being rehabilitated.

As Model Cities gets more involved in rehabilitating homes, many Model Neighborhood residents are asking questions about the program. For instance, you may have wondered where the homeowner stays while the contractor is doing the work.

Mrs. Thelda Baylis can answer that question for you. Mrs. Baylis is staying at the Golden West Motel in a two bedroom efficiency apartment while her home is being rehabilitated. She and her son are sharing the motel until her home is livable again.

For more than two months now, Mrs. Baylis has been without a toilet because of a collapsed sewer line. "I thought I was going to get an ulcer worrying about that toilet. But I am relieved now that I am here and now that they are fixing everything."

When Mrs. Baylis' toilet quit working, she called the Housing Development Program for emergency help. The maintenance crew tried to unplug the toilet but realized the sewers were beyond repair. They had to be replaced.

The replacement was beyond the capability of the HDP maintenance crew, so they recommended Mrs. Baylis apply for a rehabilitation grant. With a warning from the Health Department of closing the home for unsanitary conditions, the Model Cities housing component gave the application top priority and brought it to the Municipal Authority for immediate action.

The Municipal Authority approved the grant to fix the sewer as well as other repairs needed to make the home livable.

After the grant was approved, the Model Cities staff was venturing into unexplored territory. This was the first time a homeowner had to be relocated during the rehabilitation work. After some coordination with Urban Renewal, which is in charge of relocation, the arrangements were made. Mrs. Baylis moved into her motel room with a check from Model Cities to pay her expenses.

Now Mrs. Baylis can relax for the next few weeks watching her television and dreaming about what her home will look like when she returns.

If you have questions about the Model Cities home rehabilitation program, call the Housing Development Program at 572-7894 or Model Cities at 593-4660.

## Mini-Park Development Approved

The future of the mini-park at 25th and Sheridan is now in the hands of the state, after the Model Cities Executive Board approved an application for a grant last week.

The board appropriated $4,000 in Model Cities funds as the local match for $12,000 in State Outdoor Recreation funds. About $8,000 has already been invested in the park for buying the property and rough grading. If the grant is approved, grass will be planted and benches and sidewalks will be constructed.

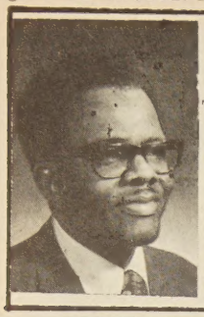
The board also approved $29,598 for the Public Defender program to act as local matching money for $67,500 in Law Enforcement Assistance Act funds from the state.

The grant would extend the program for one year and add three staff members including an investigator trainee, a legal secretary trainee, and an attorney.

In other matters, Model Cities Director Keith Palmquist said he had received another legal opinion from the city attorney which says money for the Yakima Square could not be channelled through the Municipal Authority. The opinion says that the Department of Housing and Urban Development (HUD) could make a direct grant to the Municipal Authority according to state and city law, but federal law would probably prohibit such a move.

The only possible method for making the grant according to the opinion, is for the city to retain the title to the property and designate it as a public square.

The board continued its discussion of project proposals for funding beyond June 30, 1974. The board is expected to make a final decision within the next few weeks on how to spend $500,000 granted to Tacoma Model Cities by HUD.



You are Invited to the St. John Baptist Church So. 20th & "J" St. Tacoma, Washington Services: 10 am, 11 am, & 7 pm. We offer Spiritual guidances and Family Counseling Rev. J. Andrew Boles, Sr., Pastor Office: 627-6171 Home: 564-5486

**Galilee Missionary Baptist Church**

Invites You to Worship

**5802 Puget Sound**

6226 South Tacoma Tacoma, Washington

Res. GR 2-2048

Pastor Office GR2-1888

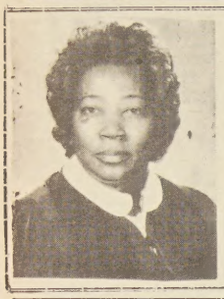
Pastor - Rev. J. Stinson

Sun. School 9:45 A.M. - Worship Service 11:00 A.M. Prayer Service Wednesday Night 7:00 P.M.

**Eastside Baptist Church**
**Rev. & Mrs. M.C. Connally, Jr.**

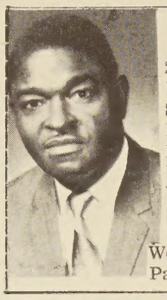
Pastor's Residence Phone BR2-6415
SUNDAY SCHOOL 9:50-10:55 A.M.
SUNDAY WORSHIP SERVICE 11:00-12 Noon

3575 Portland Ave.



**'PENTACOSTAL' NEW COVENANT TABERNACLE**

2156 So. K St. Tacoma
Sun. School/9:45am
Sun. worship/11 am
Wed. even./7:30 pm
Fri. YPC/7:30 pm
Rev. Mrs. E.E. Travis



MOUNT TABOR BAPTIST CHURCH
2302 So. Alaska St. Tacoma.
BR 2-8911 - office LO 4-2998
Sunday School 9:30 a.m.
Morning Worship 11 a.m.
BTU 5 p.m.
Evening Worship 7 p.m.
Weekdays prayer - Mission Tues. 6:30 p.m.

We invite you to worship with us.
Pastor Rev. E. L. Horne, Sr.

## MEDITATION

"Father, As it is in heaven,
It is your will to be done on Earth.
You, who are everlasting to everlasting,
We honor Your name from the beginning
To infinity.
This day, give to us our daily needs,
Forgive our hostile actions and help us to
Forgive those who offended us.
Lead us away from temptation
And deliver us from wrongful behavior.
Amen."

**SMITH TEMPLE**
C-O-G-I-C
A Good Place To Worship
Sunday School.....9:45am
Morning Worship..11:15am
Y.P.W.W.....6:00pm
Evening Worship..7:30pm
Mid-Week:
Tuesday-Friday..8:00pm
2367 N.W. 67th
Dr. Chas E. Smith, Jr. Pastor
Visit Us When in Seattle (Ballard) SU2-1188
We Support Northwest Bible College

**SHILOH BAPTIST CHURCH**

WELCOMES YOU
Sunday School 9:30am
Morning Worship 11:00am
Baptist Training Union 6pm
Evening Worship 7:30pm
Midweek Prayer Mtg 8pm
Reverend E.S. Brazil
Church 272-4949
Res. 572-6299
1211 S. "I" Street

## Church News

The Guild Girls of the Bethlehem Baptist Church 1725 S. 'I' St. will present their Spring Musical Sunday March 31st at 4:00pm. The highlights of the afternoon will be the Sacred Dancers of Tacoma. Also a group from 6th Ave. Baptist Church and many other inspirational numbers will be presented. The public is invited.
Mrs. Nealer Patterson, Guild Girls Counselor
Miss Jean Booth, President
Rev. Robert H. Davis, Pastor.

ALL WELCOME
**PUBLIC MEETING**
-Featuring-
**GUEST SPEAKER**

**DR. HODGES GLENN**
Professor of Education
-at-
University of Massachusetts
B.S., M.E.D. from Florida A & M University
M.A., Ph.D. from Penn State University
-Speaking On-
"KNOWLEDGE, VOLITION, and ACTION ---The Steps to Spiritual Transformation"
Saturday, March 30 - 7:30 p.m.
Shwahkuk Hall
Highline Community College
Des Moines, Wash.
No Admission All Welcome

## Obituary

Mr. Alvin Peyton 51, of 1724 E. 61st St. died Saturday morning March 23rd at the Veteran's Hospital in Seattle, Washington. He was born Sept. 17, 1922 in Longstreet, La. to William and Callie Peyton. He graduated from Southern University at Baton Rouge, La. He served honorably with the U.S. Army during World War II and it was during this time that he moved to Tacoma where he united with the Miles C.M.E. Church. He served as recording steward until his final illness, and also served on the trustee board and in the choir. He was a self-employed cement mason. Survivors beside his wife Allie and son William D. include his mother Mrs. Callie Peyton of the home, 1 sister Mrs. Julius (Ethel) Lofton of Spokane, 3 nieces and 3 nephews....of Spokane and of Seattle.
Services: 11am Saturday, March 30 1974 at the Miles C.M.E. Church, the Rev. Moorey officiating, and the staff of the House of Scott Mortuary directing.

## Dance Group to Appear in Tacoma

Mr. Edward L. Powe, Director of the Black Education Program at Eastern Washington State College in Cheney, has become interested in Capoeira - an art form of ritual dance - that was brought to Brazil by Black Bantus from West Africa.

Mr. Powe will be bringing a group of 20 young people from Spokane to Tacoma and Seattle to demonstrate this art form. They will perform at the Eastside Neighborhood Center, 44th & 'Q' Street, at 4:00 pm and at the Ujamma Center, 415 South 13th Street, at 7:00 pm on Saturday, March 30th. The public is invited free.

Capoeira is a ballet dancer's fight -- a duel between fellow men. It is a game, a dance, a dispute -- harmony of force and rhythm, poetry and agility.

In Capoeira the fighters are not adversaries. They are comrades. They don't fight. They just pretend to. They search most ingeniously for a way to give an artistic vision of a combat.

It's INCREDIBLE, when you think about it, how little our parents knew about child psychology yet how wonderful we turned out to be.

**SISTER MYRA**

Spiritualist Reader and Advisor. Help matters of love, marriage and business. Don't fail to see her for true and never failing matters. She'll tell your lucky numbers. Hours: 9am to 9pm.
Telephone: 588-6335
10521 Occident St. S.W. Near Bridge-port Way, Lakewood, WA.


**We're ready when you are!**

When you belong to your American Automobile Association club, you'll enjoy year-round service and protection . . . **protection** that goes with you just about every time you start your car.

AAA Travel Accident Insurance. Bail Bond Protection. Emergency Road Service.

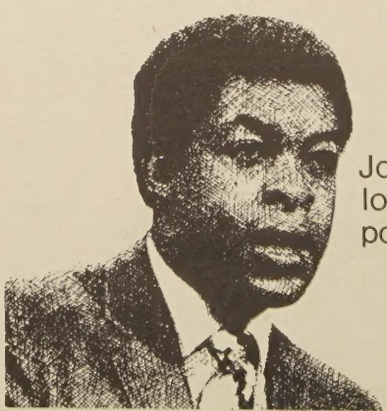
**Ready?** Call us. You'll be surprised how little an AAA membership costs!

*. . . A Great Idea for over 70 Years*

**SPECIAL 4:00 SUNDAY**

**MINORITIES IN BROADCASTING**

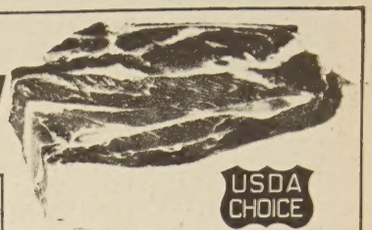
How do you break into this business?



John Raye looks at the possibilities.

KING 5

# RIGHT from Safeway



USDA CHOICE

## Beef Blade Roast

U.S.D.A. Choice Beef Aged for Flavor lb. **75¢**

Beef Arm Roast U.S.D.A. Choice, lb. 95¢
Beef Stew Meat Lean Cubes lb. $1.29
Cooked Perch Fillets lb. $1.09
Whiting Tender White Fish lb. 39¢
Cooked Sole Fillets lb. $1.19
Fresh Oysters Med. Size, 10-oz. $1.15

## Pork Blade Steaks

From The Corn Country Lean and Meaty lb. **98¢**

**Fresh Fryers** Arkansas or Texas Grown Whole, U.S.D.A. Grade A lb. **43¢**

**Ground Beef** Mealtime Favorite With Rich Beef Flavor lb. **95¢**

Beef Liver, Sliced Regular or Thick, lb. 99¢
Bacon, Sliced Armour's Star, lb. $1.19
Whole Hog Sausage Safeway, lb. $1.19
Buddig's Beef or Ham 3-oz. 45¢
Beef Wieners Safeway, lb. $1.09

Beef 7 Bone Roast U.S.D.A. Choice, lb. 85¢
Pork Shoulder Butt Boneless, lb. 98¢
Beef Cross Rib Roast Boneless Choice lb. $1.49
Beef Plate Short Ribs U.S.D.A. Choice, lb. 69¢
Beef Shank, Sliced U.S.D.A. Choice, lb. 69¢

GRADE AA **Fresh Eggs**

Cream O' the Crop Large Doz. **55¢**
Medium—Doz. 51¢
Small—Doz. 39¢

*Favorite Spaghetti Fixin's*

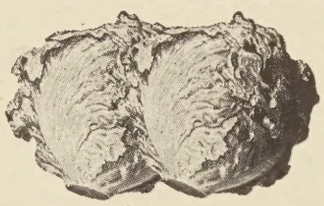
Long Spaghetti Mission, 12-oz. 29¢
5 Min. Spaghetti Mission, 22-oz. 49¢
5 Min. Thin Spaghetti Mission, 12-oz. 29¢
Town House Tomato Sauce 8-oz. 12¢
Spaghetti Sauce Mix Schilling 5 1.5-oz. $1
Town House Tomato Paste 6-oz. 18¢

# RIGHT every time!

*Dress Up Your Salads!*

Savory French Dressing Nu Made, 8-oz. 39¢
Italian Dressing (1000 Island or Russian) 8-oz. 43¢ Nu-Made, 8-oz. 41¢
Bleu Cheese Dressing Nu-Made, 8-oz. 47¢
Caesar Dressing Nu-Made, 8-oz. 52¢
Piedmont Salad Dressing Qt. 79¢
Piedmont Mayonnaise Qt. 89¢
Kraft French Dressing 8-oz. 43¢
Lo-Cal Dressings Wishbone, 8-oz. 45¢
Kraft LOW CALORIE 1000 ISLAND Dressing 8-oz. 49¢

Bel-air Croutons Cheese & Garlic, 4.5-oz. 44¢
Spam Luncheon Meat 12-oz. $1.04



## Head Lettuce

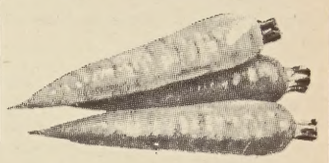
Fresh Crisp Firm Heads Ea. **19¢**

Cherry Tomatoes 12-oz. Cup 29¢
Celery Hearts Pkg. of 2 39¢

**Florida Grapefruit** Large Pink Indian River **6** For **89¢**

*Garden Fresh Produce!*

Marinated Artichokes 6-oz. 39¢
Large Avocados Ea. 39¢
Fresh Cauliflower lb. 35¢
Spring Spinach 2 Bchs. 39¢
Orange Drink Local Tropicana 1/2 Gal. 69¢
Large Moist Prunes lb. 79¢



## Crisp Carrots

Good So Many Ways **2** lb. Pkg. **29¢**

*Beautiful Flowers!*

Spring Daffodils Bch. 39¢

LUCERNE **Cottage Cheese** 3.5-lb. $1.33 lb. 39¢ 2 lb. **77¢** SUPER SAVER

LA LANI **Pineapple** Juice Pack **3** 20-oz. **$1** SUPER SAVER

MRS. WRIGHT'S **Cake Mixes** Assorted **3** 18.5-oz. **$1** SUPER SAVER

CRAGMONT **1/2 Gal. Pop** Low Everyday Price Non Returnable Ea. **45¢**

*Refrigerated Food Buys*

Darigold Butter AA Cubes, lb. 79¢
Lucerne Sour Cream 16-oz. 69¢
Sour Cream Lucerne Regular or With Chives, 8-oz. 39¢
Sour Half & Half Lucerne, 16-oz. 43¢
Grated Parmesan Lucerne 8-ounce 99¢
Mozzarella Cheese Safeway, lb. $1.35
Safeway Swiss Cheese lb. $1.43

Fabric Softener White Magic, 64-oz. 99¢
Downy Softener for Fabric, 64-oz. $1.59
Su Purb Liquid Detergent 22-oz. 55¢
Liquid Detergent White Magic, 22-oz. 49¢
Ivory Liquid Detergent for Dishes, 22-oz. 63¢
LEMON FRESH Joy Detergent 22-oz. 63¢
Kal Kan Pet Foods 6 6-oz. $1

Dream Whip Topping, 8-oz. 79¢
ANGEL FOOD Cake Mix Pillsbury, 16-oz. 59¢
Macaroni & Cheese Kraft Dinner 4 7¼ oz. $1
EMPRESS ORANGE Marmalade 18-oz. 49¢
Cream Cheese Philadelphia, 3-oz. 20¢
PARTY PRIDE Pretzels 3 9-oz. $1
Hershey Bars Giant, 7-oz. 49¢
Granola Pillsbury, 16-oz. 69¢
C & H Sugar Granulated, 5-oz. $1.14
Brown Sugar C & H or Powdered, 1-lb. 33¢
GARDENSIDE BREAKFAST Prunes 2-lb. 99¢
Large Prunes Town House, 1-lb. 53¢

SAFEWAY **Baked Goods**

**Raisin Bread** Regular or With Nuts

Mrs. Wright's **2** 15-ounce Loaves **89¢** SUPER SAVER

*Try Our Many Varieties of Bread!*

MRS. WRIGHT'S BEAR CLAWS & **Butterhorns** 8's **$1.09**

Hills Bros. Coffee 2-lb. $2.25
Maxim Freeze Dried Coffee 8-oz. $2.62

Prices effective Wednesday March 27th thru Saturday March 30th. No sales to dealers.

Alberto Balsam Reg. $1.79 Creme Rinse, 16-oz. $1.49
Selsun Blue Shampoo (Reg. $1.67) 4-oz. $1.49
Listerine Antiseptic (Reg. $1.29) 20-oz. 99¢
Miss Breck Hair Spray (Reg. 77¢) 13-oz. 63¢
Dial Spray Anti-Perspirant (Reg. $1.99) 14-oz. $1.59

Spic & Span Cleaner SUPER SAVER 54 oz. **99¢**

*Check Our Variety Values!*

Safeway Aspirin Reg. 29¢ 100-Count 19¢
Liquid Gold Scott's (Reg. $1.97) 16-oz. $1.67
TRULY FINE FEMININE Napkins (Reg. 79¢) 24's 69¢
EXTRA WIDTH Panty Hose Reg. $1.29 Safeway, Pr. 98¢

THIS WEEK'S FEATURE . . .
Golden Harvest IRONSTONE DINNERWARE
Cup **48¢** With Extra $2.00 Purchase

LUCERNE **Ice Milk** SUPER SAVER 1/2 Gal. **69¢**

Gallon $1.37
2-Gallon $2.73

Twin Pops Eskimo Pie 3 Packs of 6 $1

*Frozen Food Buys!*

HUNGRY MAN Dinner Swanson's Turkey, 19-oz. $1.19
SWANSON FRIED CHICKEN DINNER Fried Chicken Hungry Man, 15¾-oz. 99¢
SWANSON BONELESS CHICKEN DINNER Boneless Chicken Hungry Man, 19-oz. $1.19
SALISBURY STEAK Dinner Hungry Man Swanson, 17-oz. $1.09
Awake Birdseye, 12-oz. 38¢
Cookin' Bags Banquet 5-oz. 31¢
Dinners Chicken, Turkey or Italian, Banquet, 11-oz. 49¢

Bel-air Spinach 4 12-oz. $1
Cut Corn Bel-air or Peas & Carrots 4 10-oz. $1
Vegetables Mixed Bel-air 4 10-oz. $1
Squash Cooked Bel-air 4 14-oz. $1
Vegetables International Style, Birdseye, 10-oz. 52¢
Fried Chicken Banquet, 2-lb. $2.09
Welch's Juice Cranberry Frozen, 6-oz. 33¢
Birdseye Peas & Onions, 10-oz. 39¢

SAFEWAY

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**PRICES EFFECTIVE AT THE TACOMA SAFEWAYS ONLY**

## Dear Tac Vac

by Ted Jefferson

Q--Can a veteran hire a tutor to help him prepare for college and get money through the GI Bill to pay the tutor? I have finished high school, but need to brush up on a few subjects before enrolling in college.

A--No. Tutorial assistance from VA is available only to those veterans enrolled in post-secondary educational programs on a half-time or more basis who need such assistance to correct a deficiency in a required subject.

Q--I gave up VA Dependency and Indemnity Compensation based on the combat death of my first husband when I remarried. My second husband, a Navy Commander, plans to purchase a Survivor Benefit Plan annuity for me when he retires next year. After his death, could my DIC payments be reinstated, and would those payments result in dollar-for dollar reduction of my SBP annuity?

A--Yes. Refund would be made in a lump sum of the amount of premiums your second husband had paid into the Survivor Benefit Plan to provide the amount of annuity which would be cancelled by your receipt of DIC.

Q--My husband is an Army retiree with a 100 percent permanent disability. My children and I are eligible for medical care under Champus. There is a new law which authorizes VA to provide medical care for wives and children of totally disabled veterans. Will we be eligible for such care?

A--Dependents eligible under Champus are not eligible for VA medical care. The VA program will provide hospitalization and medical care in the same or similar manner and subject to the same or similar limitations of Champus.

Address all questions concerning veterans to: 1301 South "K" Street Tacoma, Washington 98405 TEL: 383-4008

## *Baha'i Faith Presents Dr. Glenn*

Professor of Education at the University of Massachusette in Amhurst, Mass., Dr. Hodges Glenn will address a public meeting Saturday, March 30, 7:30 pm in Shwahkuk Lecture Hall, Highline Community College.

His subject will be "Knowledge, Volition and Action--The Steps to Spiritual Transformation".

Glenn is well qualified to speak especially on education, having received a B.S. and M. ED. degrees from Florida A and M University, and M.A. and Ph.D. degrees from the Pennsylvania State University in educational psychology.

A public school teacher for ten years in Florida, an art supervisor for intern teachers, a consultant to the Presidents Advisory Council at Penn State University, also an assistant admissions director at PSU, and Professor of art education at Smith College in Northampton, Mass. Glenn was the recipient of many grants and awards from the aforementioned colleges.

Aside from his educational career, Dr. Glenn is a recognised artist, and expects to publish two books in 1974.

The public is invited to attend and there is no charge or obligation. Glenn is at the Highline College at the invitation of South King County Baha'i Faith communities, who are holding a Spring Workshop the same weekend.

## THE NAACP CORNER

by Rev. L'Ray Scott, Vice President

Hello friends and neighbors. After having spent a few days in the chilly, mile-high city of Denver, it's certainly good to be back here where Spring is really springing. Spring this year is bringing with it a number of things, vitally interesting to our community.

Although we've closed our membership office at 1209 S. 'I' St. because of the end of the first phase of our membership drive for this year, (500 more in '74) we're still anxious to have your membership. For the next few weeks the emphasis will be directed toward the youthful segment of our community, forming a Youth Chapter and establishing college chapters. We We're still actively seeking memberships from any who would care to become a part of our branch, to help us share in the upcoming activities.

During the weekend of April 5, 6, and 7th.... the NAACP regional conference will be held in Portland, Oregon at the Sheraton Motor Hotel in Lloyd Center. Members representing all of the Northwestern chapters will be in attendance. There'll be workshops, exhibits and some super-powered speakers.

Also on the evening of May 17th, the annual Lamplighter's award will be held at the Top of the Ocean and an award will be presented to the person found to have contributed the most to the general well-being of our community. And you students, there are some scholarships available to those with a 3.8 grade average. Anyone interested should contact our branch president at FU3-3568.

THE PEOPLE to worry about are not those who openly disagree with you, but those who disagree with you and are too cowardly to let you know.

## FOOD FOR THOUGHT

by G. M. Batie

OVEN BEEF BURGUNDY

2 lb. chuck or ground beef
1 tblsp kitchen bouquet
¼ cup cream of rice
4 carrots
2 cups of thinly sliced onions
1 cup of thinly sliced celery
1 clove garlic, minced
2 tsp salt
1/8 tsp pepper
1/8 tsp marjoram, crushed
1 cup of burgundy or red wine
1 can of mushrooms, including broth

Trim excess from meat. Cut into 1½ inch cubes. Place in a 2½ quart casserole and toss gently with kitchen bouquet, coating meat on all sides. Mix in cream of rice. Cut carrots in ¼ and lengthwise and in half cross wise. Add in carrots and remaining ingredients. Mix gently, cover and bake in a preheated 325 degree oven until meat and vegatables are tender...about 2½ hours. Stir meat every 30 minutes. Serve with potatoes, rice or noodles.


Imported Fish

CRESCENT FISH MARKET

1302 South 23rd Street
Tacoma, Washington 98405
Free Home Delivery
Call 272-0540

FRESH FISH

Pan Trout 59¢ per pound
Whiting
Jack Salmon

SWANEEZ WASH HOUSE
clean dependable machines
21st & So. M St.

VALUE STORE
1118 S. "K" St.
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# NEWS RACK

THE LEONARD JENKINS have moved into their spacious new (oldie) home, 1419 So. Sheridan. Although the new home is right next door to her former house, Vera says she appreciates the big walk-in closets and ample laundry and storage area..... The Town and Country Duplicate Bridge Club first place winners on Saturday, March 23, were MRS. DELORES SILAS and MR. IRVIN KIMBROUGH. Low scores went to MRS. HELEN STAFFORD and MR. JACK FINDLEY. Hostess for the evening was MRS. THERESA MORGAN..... St. Leo's grade school children are doing their share to help their school by selling candy. So help them by buying a box..... The next time you are on a picnic and see those tiny creeping things called ants, let them be or gather several for a snack before the main course. Ants can be eaten, as I learned at a Survival Symposium (see Neighbors in the News for more)..... AIRES is the first sign of the Zodiac. For men only, born March 21 to April 20, ....underneath his aggressive bluff there is a very sensitive spot. He is quite serious when he yells and screams, but moments later the Ram is sorry for his actions.... An Aires, Mr. N.R. Ellis of Ellis and Associates celebrated his birthday on Monday, March 25 at O'Briens in the Washington Plaza. The luncheon party was a surprise given by his associates with MRS. LOIS HARRIS as hostess. A special cake presented to him was baked by MRS. RUTH BEAVER'S MOTHER. Ellis and Associates surprised him with a joke gift and a special gift. Joining him on this, his special day, were Messrs. WILLIAM WEATHERBY, TOM JOHNSON, GLEN GIBBS, WILLIAM MILLENTON MR. JOHN , and Mesdames RUTH BEAVER and LOIS HARRIS. From all reports this was an exceptionally joyous occasion for all the staff as well as the honored guest..... KEITH HARRISON of 1950 So. Ash St. is now 16 (on March 16) and never been kissed.... the BERTIE and CYRIL people who had such a good time in Las Vegas were BERTIE and CYRIL EDWARDS. For the omission of the last name in last week's paper, sorry 'bout that.


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# Tee AND Turf Golf Association

by Cliff Dabney

Blessed with a beautiful weekend the golfers were out. Spanaway Golf Course may be minus a few trees and some added bunkers after our first days play... Remember golfers, the handicap committee needs five scores to establish your handicaps for weekend tournaments. Please get your cards in as soon as possible, you may play any course but you must play 18 holes on the same round. Cards can be sent to the secretary. Speaking of the secretary... He was last seen after hitting a shot on #7 with both hands and head looking up to the sky - could he have been praying for rain? Yours truly made an appointment with an eye doctor after 4 putting the 16th green. Herb fashioned a neat 38 on the front nine but went to sleep on the back side. Winston caddied for 13 holes but played the last five one under par. The new players really had fun and that's the most important thing in this game, fellowship among people. A training session will be set up for all new golfers at the Fort Lewis Golf Range. You may arrange a time by contacting your club president. Ladies, get your clubs and let us know when you would like to start. There will be a one hour practice session and nine holes of golf with your instructor. We hope to start weekend prizes by the 15th of April. Tee times for this Saturday at Spanaway start at 9:51 am. Let's get everyone out to play. We still need a lot of members so join now and support your golf association.

# Caballeros Social Club "News"

by Henry Johnson

Hi Caballeros. I'm starting this column on a good note. Carl Brown Education and Charity Chairman announced his new scholarship plan for two scholarships this year. One to member's youngsters and one for non-member's youngsters. For details see Carl at the club.

On a sad note, Pres. Gill announced the resignation of our vice president Christ Glover. Christ is studying for his Masters and working in Seattle. The best of luck to a fine Caballero.

Thursday's have become the talk of the town. Whist and phinocle games at the club are the reason. Mr. Dove and Mr. Rollins were big winners last week. Maybe we'll see you this week.

Brother T. McGee has set April 4th as the date for his anniversary night at the club. T. McGee and the Rapid Pulsations have been together three years. Mark that date on your calendar.

Our best wishes go to John Webb for his speedy recovery. He has been sick and is now at home. Give him a call fellow Caballeros.


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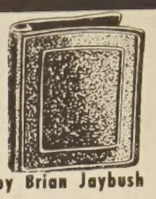
# SPORTS SCENE

## SPORTS RECORD BOOK



*'Shhhhhhh!'*

by Brian Jaybush

Sometimes when you come out of a Super Sonics basketball game, you have to wait an hour before you can hear anything again. The noise levels at an athletic event, as many an ear doctor will tell you, often reach such high levels that they are absolutely dangerous to the audio health of those who find themselves stuck in the middle of a frenzied crowd.

Quite often a particularly exciting game will lead to throat damage and hoarseness as well, but that's another story. In any event, if you're a person who likes more sedate sports, one who likes crowds who just sit and clap politely when something happens, you won't like the new World Team Tennis League, or Ms. Billie Jean King.

"I don't believe in keeping the crowds quiet," Billie Jean announced after out-hushing Nancy Gunter to win the title (and the $10 thousand prize money) in last weekend's Akron Open Tennis Tourney. "It's bad, bad, bad."

Tradition and club managements admonish all spectators that loud noise (such as cheers, yells, and chants of "GO! GO! GO!") are not only frowned upon, but will be dealt with harshly by the management--which translates to "Keep quiet or get kicked out!" For some reason, it has always been felt that any loud noises of support (or otherwise--tennis has its version of umpires, too) could so distress the players that they might forget which end of the tennis racquet you're supposed to hit the ball with.

Billie Jean doesn't agree. "World Team Tennis will change that," she says. "People pay their hard earned money to see us play and they shouldn't be told to sit on their hands."

Apparently the concept of WTT will be more like basketball, baseball or football encounters: two teams on the coutr trying to tear each other apart; and at the same time the crowds in the stands yelling and screaming their heads off, urging the teams to do it faster. None of this polite applause when something good happens; let 'em know!

Of course, Billie Jean's remarks may not be so altruistic as it might seem; when the first World Team Tennis season starts in May, she will be participating as the player coach of the Philadelphia Freedoms team. So the idea of urging more fans to voice their support may be her way of saying, "Support our league," --which in turn will be supporting her paycheck.

Not to mention the interesting (but untrue) rumor that her husband is an ear doctor.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HUD doesn't sell houses, so please don't call HUD for details. All sales are made through professional Real Estate brokers. Almost all licensed Real Estate brokers have complete lists of homes available. They will be glad to help you find the home suitable for you, and to answer all your questions. Call one today. Ask him about HUD availabilities.

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# Cub Scout Pack 210 Makes Awards

Monday evening, March 25 was a special occasion for Cub Scout Pack 210. One of its members, Yannick Kiefert, was awarded the Arrow of Light that evening. The Kiefert family lives at 810 South Sprague.

As the boys and their parents watched with smiling faces, Cub Master Charles Headd called Yannick to the front of the room. Standing before 7 lighted candles which represented the 7 days of the week, Mr. Headd spoke: "You have completed all the requirements of the Boy Scouts of America; I am proud to present to you Cub Scouting's highest award, the Arrow of Light." Yannick's father, Carl Kiefert proudly pinned the award on his son's shirt.

Young Yannick has been a Cub Scout for 3 years. Now that he has received the Arrow of Light, he is ready to go on in Scouting and become a Boy Scout.

Cub Master Charles Headd of 829 South Trafton St. spoke with pride about the boys in his Pack. He has been active in the unit ever since it was started 3 years ago. He and the Pack's other committee members work hard to offer the boys a full program all year round.

Mr. Headd expects to be giving out another Arrow of Light award at next month's meeting. He says the boys in his Pack are graduating at a rate of one a month and there is room for new members.

AN EXECUTIVE found this message on his desk: "Your wife called and said to remind you of something which she couldn't remember but thought you would."

# Boys Club News

On Wednesday, March 20 1974, the Downtown Tacoma Boy's Club held their first dance of the year, with the help of Tim Magee and the Rapid Pulsation, who donated their time and all their fine music for this affair.

Alex Gardner received a pocket radio that was donated by Harold Meyers Drug Store. David Quinns was the recipient of the other door prize.

The Parents Club is looking forward to having many more successful dances in the near future, as well as other activities.

One activity that the Parents Club is involved in right now is a Raffle. The prize is a "Soul" painting. Tickets are now on sale for 50¢ and may be purchased through the Downtown Tacoma Boy's Club or Parent Club members. This Raffle will be held at the next activity that the parents will be putting on here at the club.

Once again we would like to thank Tim Magee and the Rapid Pulsation for their time and participation and in helping us here at the Boys Club.

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**572-4310**

# FROM THE FACTS' WASHINGTON BUREAU

By Sam Eskenazi

WASHINGTON-- Housing vacancies ran so high in Washington State last year that if 100 new families moved into the state every day for a year, not a single new house, apartment or mobile home would be needed to accomodate the influx.

Over 39,000 vacancies were found in a dozen of the state's largest metropolitan areas in a survey made last year by the U.S. Postal Service and released March 21 by the Department of Housing and Urban Development. The vacant housing units account for 4.2 per cent of the 928,500 housing units in the areas surveyed.

The bulk of the vacant housing was in the Seattle-Tacoma-Everett area which accounted for over 29,600 vacant units including 17,700 houses, 11,000 apartment units and over 800 mobile homes.

Other areas with vacant housing units include: Aberdeen-Hoquiam - 597; Bellingham - 1,192; Bremerton - 699; Centralia-Chehalis - 312; Ellensburg - 246; Kennewick-Pasco-Richland - 968; Longview-Kelso - 406; Olympia - 1,228; Spokane - 2,686; Wenatchee - 269; and Yakima - 1,203.

When the survey was made last spring, there were 23,597 vacant houses out of a total of 724,367; 14,542 vacant apartment units out of a total of 176,961; and 1,313 vacant mobile homes out of a total of 27,156.

The surveys are made for HUD by mail carriers noting vacant dwelling units on their routes. HUD uses the vacancy figures as an aid in determining who gets FHA mortgages. According to a HUD spokesman, it is difficult to get FHA backing when there is a high rate of vacant housing in an area. Nationwide, the vacancy rate in the areas surveyed was less than three per cent.

In Western Washington, HUD holds title to over 7,000 vacated single family units, mostly houses and duplexes. Nationally, the Puget Sound area ranks second only to Detroit in total number of empty federal owned dwellings.

To encourage settlement in the HUD owned vacated houses, Seattle Congressman Joel Pritchard (R) introduced the National Homestead Act. Under his bill, an urban homesteader could acquire a federally owned vacant house from HUD in return for a fee not exceeding $100 and an agreement to restore the building and live in it for three years.

Pritchard said about 5,600 residential units in the Seattle metropolitan area would be potentially available for the program.

A HUD spokesman said his agency is now turning over some houses to cities for $1 each. Seattle received 100 of the 4,000 turned over so far. The spokesman said it is cheaper for HUD to give these houses away than to meet its obligations as a landlord. As a rule, he said, these houses are dilapidated.

"THE REAL SECRET of success is enthusiasm. Yes, more than enthusiasm, I would say excitement. I like to see men get excited. When they get excited they make a success of their lives."


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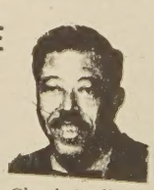

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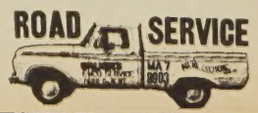

# PEOPLE, PLACES & THINGS

By Vertist Edwards

HUMAN SURVIVAL - PREPARED OR NOT PREPARED?

Would you be able to survive if you were lost in the desert, a winter storm or when an earth quake strikes? In our daily comfortable lives, how often do we think whether we are prepared for disaster?

I remember as a youngster, we awoke one morning with the worst snow storm in many years. My parents told me no one could leave their home. The town was not prepared for this. Our neighbor, an elderly person, who lived alone, had very little food in her house. I remember seeing my grandfather and dad throwing cans of food and some wood over the fence to her. Another time I was on a train traveling from France to Germany. It was very very cold on the train, so to keep warm I used the newspaper I had been reading to insulate myself. This was a trick I had learned from the hobos.

If these were just survival crises of short duration, what about longer periods? Disaster preparedness is a must for us. In my opinion it should be a mandatory requirement for our children of school age. We have reached the age of specialization. Today the average person depends upon others for nearly all of his needs. But often in a disaster situation a person is suddenly thrown solely on his own resources and cannot depend upon the services of others to meet his needs.

Disaster preparedness, of course, is best accomplished when there is a desire to survive. Natural and man-made disasters present a clear and existing danger to individuals and our society, but unless we face up to the dangers we cannot master the survival techniques.

Space will not allow for detailed explanation, but just to touch on a few examples of disaster preparedness: Are you aware that you can use your watch as a compass if necessary? That cotton cloth holds water longer than wool? And that body temperature drops faster in wet cotton than when the body is totally naked? Did you know that ants are edible? During the ant eating contest at the 1974 Survival Symposium one young man consumed 102 ants in three minutes. The red ants were eaten alive...no pepper or salt, just plucked from their habitat! Did you know that there is a series of waves after an earthquake? An earthquake's deadly companion The Tsunamis are a danger to the Western coastlines. The first wave may not be the largest. If you live in low-lying coastal areas and there is an earthquake, experts say you should leave immediately for high ground. Survival kits for long trips should include canned foods, canned heating fuel, distilled water, certain tools, a flash light with extra batteries, candles, matches, and a first aid kit. The home should always keep these items.

If you are interested in more information about survival techniques, write to the Survival Education Association, 9035 Golden Given Road, Tacoma, WA 98445, or telephone SK9-7573.

# Number One Female Black Sex Symbol

American International Pictures biggest black female talent in the latest of notable stacked and beautiful black women to appear in the pages of PLAYERS magazine.

In the current issue of PLAYERS Ms. Grier appears aunatural as well as styled out in some of her exciting fashions which she wears in AIP' upcoming motion pix hit, Foxy Brown.

Still riding the crest of popularity following her big smash Coffy, Pam shows off leather and evening wear designed exclusively for Foxy Brown by black fashion designer, Ruthie West. Ruthie has designed for many singing and recording groups including the Supremes.

PLAYERS pronounces the fiery young black actress and current number one black female box office draw, the number of black

PAM GRIER female sex symbol in the world today.

# Foss Students Vote Impeachment

Students at Foss High School composed themselves into a mock House of Representatives yesterday, and then voted to impeach President Nixon. This was a practical exercise in politics for their classes in social-communicative arts.

The resolution calling for impeachment was introduced by a group of volunteers constituting the House Judiciary Committee. Committee members were: Sharon Valdes (chairperson), Patty Curry (ranking minority member), Steve Mauer, Dan Washington, Paul Kammerzell, Craig Hoeyer, Eric Anderson, Greg Sergiekanko, Carol Canter, Rebekkah Adams, Donna Hartshorn, Jackie Larsen, and Russ Jones.

The vote for impeachment came after an hour of spirited but factual debate in which a pro-impeachment majority beat back several attempts at ammendment. The strongest opposition was aimed at 3 of the charges: 1) the President's personal property complicity in Plumber's operations; 2) his alledged persecution of news reporters; and 3) his alledged interference with the work of the Special Prosecutor. Motions to strike these articles were defeated however by majorities of about two to one on standing votes.

At the end of the debate, the students voted viva voce and the resolution carried by about two to one.

Opponents of impeachment consisted of a coalition of stalwart Republicans, students attracted to Nixon's conservative politics, as well as some Democrats who wanted to force the majority to prove its case.

# The Arrival of Big Time Entertainment

By V.C. Edwards

Tacoma has entered into the era of ballroom entertainment by way of WINCHESTER '76. The old Valu-Mart building has been converted into a big entertainment center. Messrs JACK WALTERS, owner, and TED MORRIS, co-owner, have great plans for the future.

At present the center can accomodate 3,000 and is presenting conernt entertainment. Upon completion of the concert cycle, the center will be rearranged to accomodate 2,500 people for gourmet dining and dancing to popular live bands.

Last weekend there was a full evening of rock music with Gary U.S. Bonds and Taxi, the Rivingtons, Myles and The Drifters, and our own Jonah's Whale. Coming attractions are George Gobel; Ray Charles; Marty Robbins, and many others.

See you at WINCHESTER '76.

# Afro-American Heritage Traced at World's Fair

The Afro-American exhibit is believed to be the first to occupy a major pavilion at a world's fair. It is funded by a $200,000 grant from the Washington State Legislature and matching funds raised through private contributions, with administrative and financial support from Expo '74 Inc.


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# *Soulful Entertainment Review*

by R.O.

Last weekend Winchester 76 introduced three soul groups plus added attraction, Tacoma's own--"Jonah's Whale" to Tacoma. "Jonah's Whale" did an outstanding medley performance as always.--"The Rivigtons"--"Myles & the Drifters"--"Gary U.S. Bonds"--"Taxi" were not that heavy but they did put on a good show. Other groups will be performing as the time goes by according to one of the owners, "Jack". A program is in the planning for a weekly TV Show on the entertainment that will benefit the young people in Tacoma. "Jonah's Whale" will be getting down for Lee Grant Rogus Lodge, masons and friends, Friday March 29th at the Amvets Hall, 38th and Union. Come out in support of the masons and get down with "Jonah's Whale". - See you next week.

# W.E.A. Awards Mini-Grant to Tacoma Arts Fair

Washington Education Association's of Classroom Teachers has awarded the Tacoma Arts Fair a min i-grant to help fund the venture.

The grant was in the amount of $100.00 and was presented to Tacoma Arts Fair Chairman Ron Stephens by his fellow ACT Directors Linda Schoenberg (Tacoma Teachers) and Bernice Peterson (Pierce County Teachers).

To be held from April 8th through April 12th in the new downtown Broadway Plaza, the Tacoma Arts Fair will exhibit the works of promising high school, college and professional artists from throughout the Pierce County-Tacoma area. A variety of other activities will be scheduled during the Tacoma Arts Fair to incorporate the performing arts as well as visual arts.

Opening ceremonies for the Tacoma Arts Fair will include the Ninth Infantry Band from Fort Lewis. Bill Backell of the public relations office at Fort Lewis finalized arrangements for the Army Band to appear on April 8 at 11:00 am in the downtown Broadway Plaza earlier this week.